



Lunch Menu - September 2019

The Summit Preparatory School



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| 2 No School Labor Day | 3 All Beef Corn Dog Tater tots, veggies & Ranch, Jell-O fruit cup | 4 Spaghetti & Meatballs Garden salad, corn, grapes, breadstick | 5 Soft Beef & Cheese Tacos Chips & cheese, lettuce & tomato with Ranch, applesauce | 6 Domino's Pizza |
| 9 Fish Sticks Mac & cheese, fruit, graham crackers Official School Picture Day Dress in Summit Uniform | 10 Turkey Sub Sandwich Sun chips, pudding cup, snickerdoodle | 11 9:30 am - Late Start Fettuccine Alfredo Garden salad, corn, applesauce, breadstick | 12 Chicken & Cheese Quesadilla Chips & cheese, lettuce & tomato with Ranch, Jell-O fruit cup | 13 Domino's Pizza Backyard Picnic at Lunch Parents are invited to attend |
| 16 Chicken Patty Mashed potatoes with gravy, green beans, fruit cup, bread & butter Board of Trustees Meeting 5:30 p.m. | 17 Pancakes Sausage links, fruit, yogurt | 18 Toasted Beef Ravioli Garden salad, corn, Cutie orange | 19 Beef Taquitos Chips & cheese, lettuce & tomato with Ranch, applesauce \$2 Uniform Buy-Out In honor of Mexico's Independence Day (benefits 2021 Spanish Study Abroad Trip) | 20 No School Teacher Work Day |
| 23 Chicken Nuggets French fries, veggies & Ranch, Jell-O fruit cup | 24 Smoked Pulled Pork Sandwich BBQ beans, peaches, snickerdoodle | 25 Spaghetti & Meatballs Garden salad, corn, grapes, bread stick | 26 Soft Beef & Cheese Tacos Chips & cheese, lettuce & tomato with Ranch, applesauce SPO Meeting 9:00 a.m. | 27 Domino's Pizza Sat. 9/28 ---> Run for The Summit at Missouri Institute of Natural Science, Race begins at 9 a.m. |
| 30 Italian Chicken Strips Cheesy mashed potatoes, green beans, banana, bread & butter | | | | |

Lunch is \$4 per day if pre-ordered and \$5 per day if ordered the day-of. Lunch orders are taken daily with attendance. Any child arriving to school without a lunch may be ordered one, the cost of which will be added to their family account. Any child arriving late will not be ordered a lunch unless the office is notified by 9:00 am. Please call the Summit office with any questions (417-869-8077). For questions regarding ingredients of any menu item, please contact Whitney Wiese.